

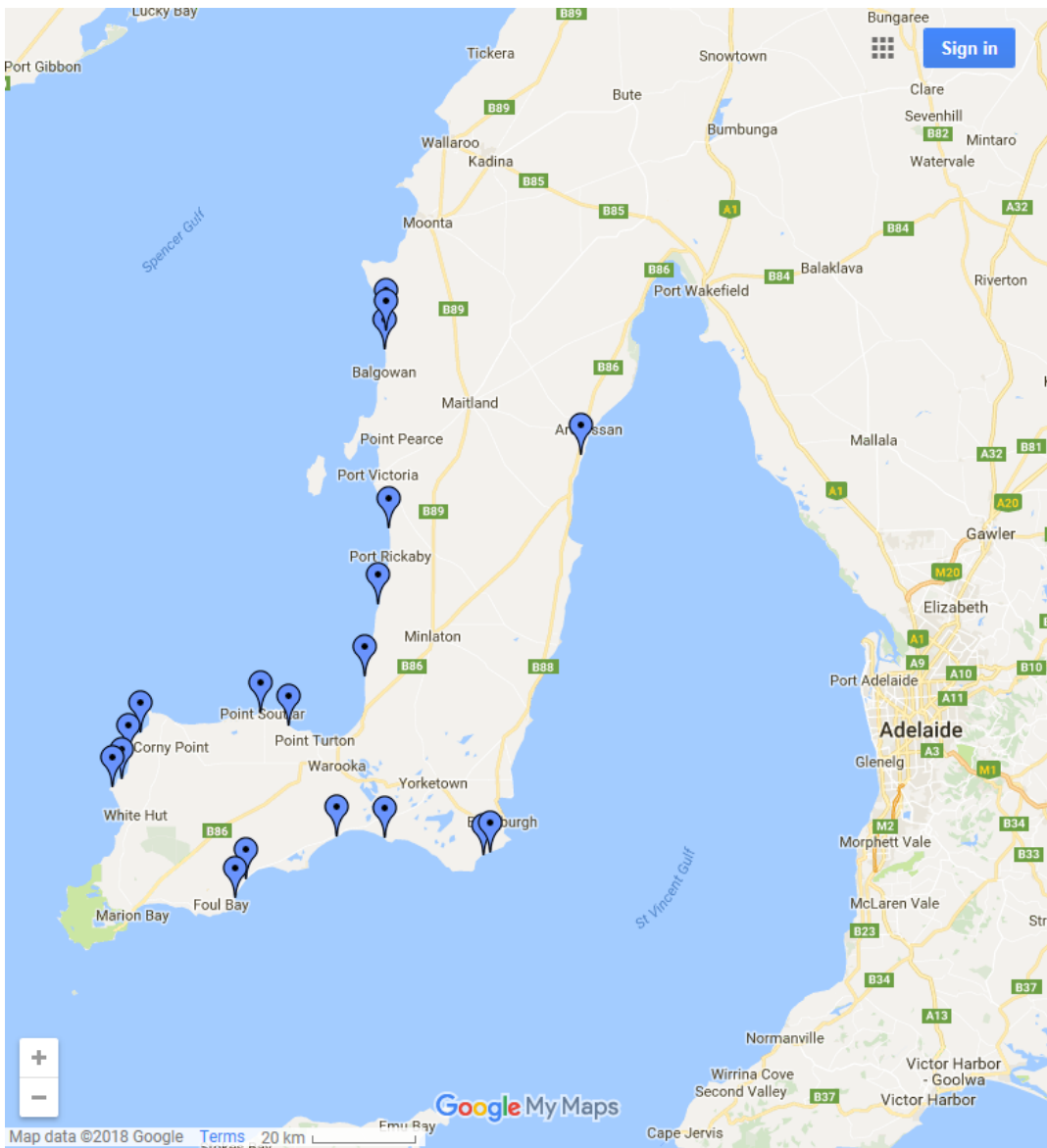


# Working remotely and staying safe

Deborah Furbank - Ranger

# Yorke Peninsula Council

- Covers an area of 583,400 hectares
  - 435 kilometres of coastline
  - Population 11,060 (2016)
- 
- 19 Bush Camping sites
  - 8 Boat Ramps requiring a launch permit
  - Animal management, parking, local nuisance and litter





# Safe Operating Procedures





# Safety Equipment





# Leave your ego at home





**Empathy** is the capacity to understand or feel what another being is experiencing from within the other being's frame of reference, i.e., the capacity to place oneself in another's position.

Everybody thinks their dog is the coolest



**Assertive communication** is the ability to express positive and negative ideas and feelings in an open, honest and direct way. It recognises our rights whilst still respecting the rights of others. It allows us to take responsibility for ourselves and our actions without judging or blaming other people.

# Assertive communication and situational awareness

- Background checks
- Respect
- Empathy, calmness, friendliness
- Active listening
- No preconceived ideas
- Focus on issues not behaviour
- Firm but fair
- Remain aware



**Active listening** is a communication technique that requires the listener to feed back what they hear to the speaker, by way of re-stating or paraphrasing what they have heard in their own words, to confirm what they have heard and moreover, to confirm the understanding of both parties.

# Crime Statistics

## Yorke Peninsula Council area – March 2019

|                                |   |
|--------------------------------|---|
| Serious assault without injury | 6 |
| Obtain benefit by deception    | 2 |
| Theft from a motor vehicle     | 2 |
| Property damage                | 1 |
| Trespass                       | 1 |

# Situational awareness and personal safety







# Situational awareness- drugs and alcohol





## Visitors take trip to hospital after using LSD

Eight young adults from metropolitan Adelaide sought treatment at Maitland and Wallaroo hospitals after using lysergic acid diethylamide (LSD) at a Yorke Peninsula campground on Saturday, February 24.

The young adults were among a large group camping at the Bamboos Campsite north of Balgowan, where one female started to feel unwell after taking the drug.

One other female and six males went to hospital complaining of hallucinations as a result of the psychedelic drug.

There was no further harm caused or lives threatened.



## Summary

- Equipment and operating procedures offer some protection
- Communication and body language are important tools
- Leave your ego at home
- Avoid triggering the fight or flight response
- Empathy
- Avoid preconceived ideas
- Assertive but fair
- Situational awareness -listen to your gut
- Be extra cautious when drugs and alcohol are involved

