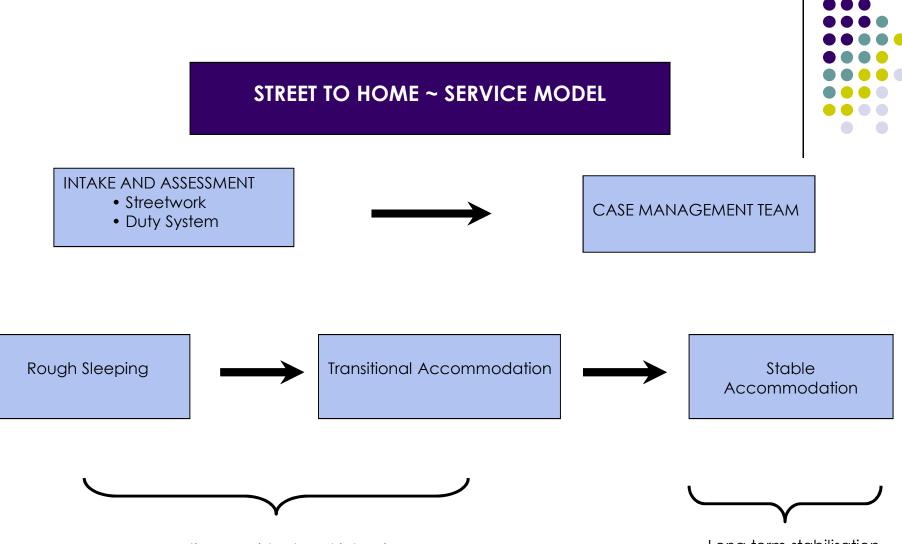
Street to Home Service

Kerry Dawson Clinical Services Coordinator

Street to Home Team

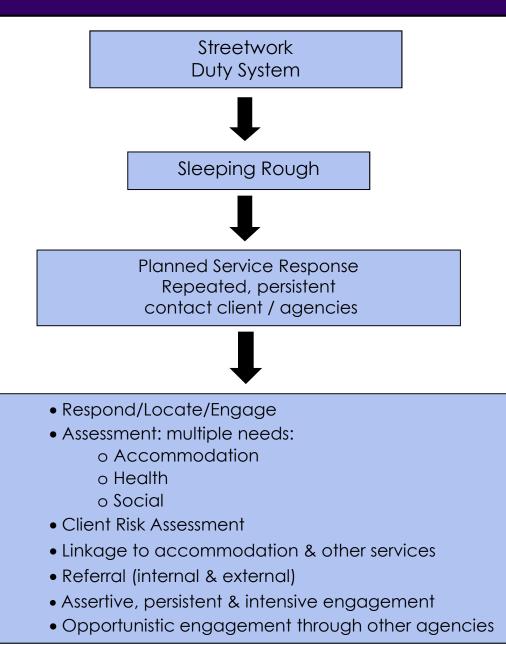
- 7 day outreach service
- 0730hrs until 1700hrs
- Team consists of: Clinical Services Co-ordinator
 - Multidisciplinary team consisting of Senior Social workers, Aboriginal Health Workers, Occupational Therapist, Clinical Nurses and visiting Psychiatry.
 - Administration staff



Assertive, persistent and intensive engagement, coordinated service response

Long term stabilisation

INTAKE AND ASSESSMENT PROCESS





Who we engage with (Other Services)



- Housing SA and other accommodation services
- Sefton Park Primary Health Service
- Mental Health Services / DASSA / Disability SA / Corrections /SAPOL
- NGO's
- Adelaide City Council and Metropolitan Councils
- Youth Services/Aged Services
- Local Traders

Engagement Process (How we make it work)

- Case Management
- Regular contact with services
- Building relationships with agencies/workers (shared clients)
- Understanding roles and shared goals
- Contingency plans i.e. flexibility of service involvement "planning for the unplanned"
- Case conferences

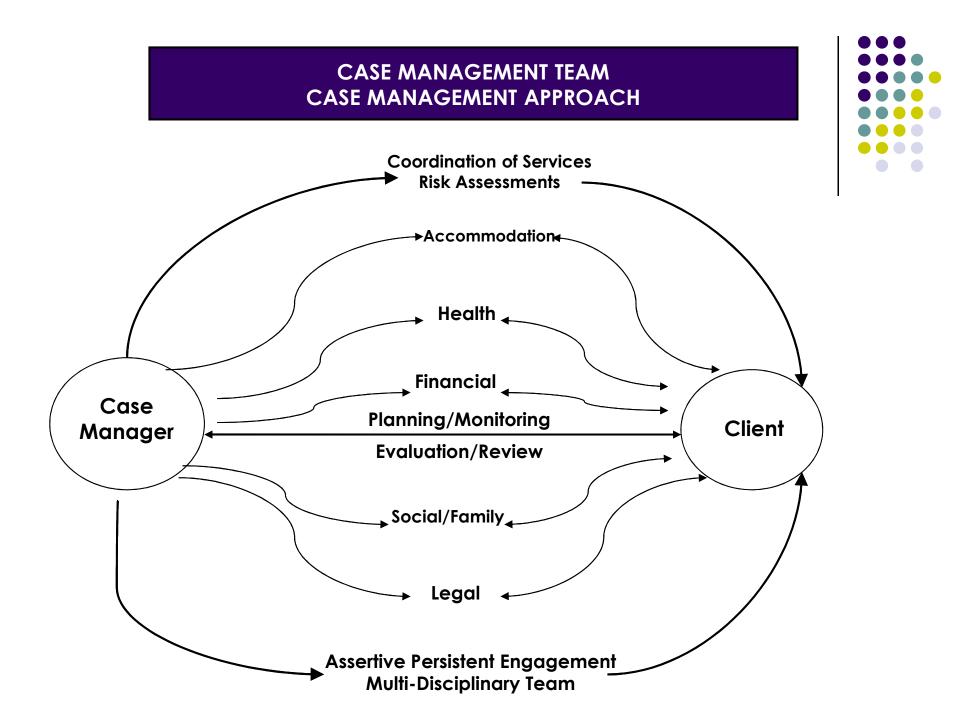


"Housing First Principal"

Accommodation

- Emergency Accommodation
- Hotel/Motel
- Boarding Houses/Hostels
- Caravan Parks
- Community Mousing
- HSA → private secure tenure with intensive supports wrapped around
 - MH Services / DASSA / Disability SA
 - ENU
 - NGO's
 - RDNS
 - GP's
 - Community Centres
 - Recreational Groups
 - Libraries
 - Etc.







Central Northern Adelaide Health Service

<u>Client Case Plan</u> Date: 2.10.2006						
SURNAME: GIVEN NAME:	'Sally' D.O.B. 1.01.64					
PHYSICAL DESCRIPTION: CURRENT ADDRESS/ CONTACT LOCATION : Catherine Ho						
CURRENT PRESENTATION ISSUES	GOALS/PLANNING AND ASSOCIATED TASKS	RESPONSIBLE PERSON / AGENCY	TIMEFRAME/ REVIEW DATE AND OUTCOME			
Accommodation/ Housing 'Sally' was residing with her husband of 8 years until mid 2004, when 'Sally's' husband directed her to leave the family home. For past 20 months (approx), 'Sally' has been residing between friends and her adult daughter, however none of these options have proven viable long term. At the initial period of STH involvement 'Sally' was rough sleeping in Adelaide CBD. 'Sally' has been residing at Catherine House for the past 6 weeks. Concerns exist re transition into other accommodation in regards to 'Sally's' ability to reside by herself/manage household. Health	'Sally' to access short term supported accommodation, likely to be Bowden Lodge. Assessment of 'Sally's' independent living skills/ongoing mental health to be provided whilst at short term accommodation. 'Sally' to move into longer term accommodation (probably supported) suitable to 'Sally's' abilities/needs	Bowden Lodge Catherine House 'Sally' Street to Home 'Sally' Street to Home Possibly Housing SA	As soon as possible (October 06) October/November 06 November 06			
Physical 'Sally' presents as physically well, however her mental health impacts on her ability to maintain good level of health (eg refusal to eat/shower and difficulty sleeping).	'Sally' to receive regular encouragement to maintain her hygiene and physical health 'Sally's' ongoing physical health to be monitored	Accom. service 'Sally' Street to Home	Ongoing			
Mental Health 'Sally' has been diagnosed with borderline personality disorder and depression. She is taking medication (mirtazapine) for this which she often forgets to take. This issue appears to impact on 'Sally's' engagement with others, which is often guarded and withdrawn.	'Sally' to manage her medication adequately and take as directed with assistance from accom staff 'Sally's' mental health to be assessed and then monitored/reviewed regularly Consider Referral to Mental Health Services	'Sally' Accommodation Service Psychiatrist (STH) Street to Home	Ongoing Oct/Nov 06			
Drug & Alcohol 'Sally' regularly consumes an excess of alcohol each pay day and often spends money purchasing drinks for others. Historically, 'Sally' has stated that her peers have offered her various forms of illicit substances which she experimentally consumed	'Sally' to engage in a DASSA Assessment Consider option of Sobering Up Unit transition Explore Social Support options Ongoing monitoring and review	'Sally' Red Cross Street to Home	Ongoing			

CURRENT PRESENTATION ISSUES	GOALS/PLANNING ANDASSOCIATED TASKS	RESPONSIBLE PERSON / AGENCY	TIMEFRAME/ REVIEW DATE AND OUTCOME
Other			
<i>Financial</i> 'Sally' appears to be able to prioritise her budget and payment of rent, however prioritises alcohol consumption over other necessary goods (eg food).	'Sally's' budgeting skills to be assessed and monitored	Street to Home 'Sally'	October 06
Legal 'Sally' has outstanding court matters relating to non-compliance with restraining order and property damage. 'Sally' sees Correctional Officer regularly re bail. 'Sally' demonstrates a high level anxiety re this issue (and the possibility of incarceration) and she often seeks to make this the focus of conversation. 'Sally' is not eligible for Court Diversion as she wishes to plead not guilty. 'Sally' has a Legal Aid solicitor.	'Sally' to meet the requirements of her bail conditions and maintain contact with Correctional Services Officer 'Sally' to be supported in attending magistrates court as required	'Sally' Correctional Services Legal Aid Street to Home	Ongoing until court matters finalised.
Social Supports 'Sally' has minimal social supports, and although has engaged in some activities offered by Catherine House, has not shown any ongoing commitment/interest.	'Sally's' social interests to be explored regarding involvement in ongoing social activities.	'Sally' Street to Home Red Cross	November 06
Disability 'Sally' has been assessed as having a borderline IQ however is not eligible for IDSC services, due to her mental health issues. 'Sally's' intellectual functioning needs to be further explored to determine the level of supports necessary for the provision of successful long term housing.	'Sally's' independent living skills to be assessed 'Sally' to receive supports around her disability as identified to be necessary – Consider ENU Package of Care	Street to Home 'Sally' ?MACHA	October 06 Ongoing
Risk Management Plan In the event that longer term accommodation/case planning is unsuccessful, a Case Conference will be held to review all service involvement and further assessment made re 'Sally's' levels of need.	'Sally's' needs/strengths to be reviewed Case Conference to be reviewed	All services involved 'Sally'	As necessary

OTHER AGENCIES INVOLVED

ORGANISATION	ROLE / FUNCTION	CONTACT NAME	CONTACT NUMBER	COMMENTS
Correctional Services	Bail Supervision			Fortnightly contact
Catherine House	Accommodation (short term)			
EACIS	Occasional assessment			Have provided recent intermittent assessment to review mental health status
Red Cross	Social Support			
Legal Aid (Elizabeth)	Court Matters			Sally to meet with Legal Aid the week prior to each appearance
МАСНА	Funded Through ENU			Funded up to 6 hours per week

COMMENTS / SUMMARY

'Sally' is a client who presents as quiet and withdrawn, but can also express significant anger and frustration at times. 'Sally' has a long but sporadic history of involvement within the mental health system and a mild level of intellectual disability, however has not been given the opportunity to engage with any service in a longer term manner. Consequently her level of functioning and well being appears to have deteriorated at times, reflective of service level involvement or her living arrangement. Future planning for 'Sally' needs to include an intensive assessment and support process in order to identify the best housing option for 'Sally' long term. Recognition of 'Sally's' strengths needs to be encouraged, as 'Sally' appears to be reluctant to embrace her skills as identified by others. It is also necessary to identify the involvement of a service that can maintain long term service involvement in order to successfully break the cycle of homelessness and escalation of mental health/alcohol issues and promote a stable lifestyle and accommodation option for 'Sally' successfully.

Signature of Case Manager:	Designation:	Date:
Signature of Secondary worker:	Designation:	Date:

Summary



- Assertive, persistent, supportive engagement
- Client needs/strengths coordination
- Pre and ongoing tenancy support
- Ongoing assessment
- Consolidating Relationship (Client focus)
- Advocacy/Liaison
- Linking with services
- Transitional Accommodation and/or planning for Long term accommodation
- Stabilisation
- Referral to external agency for lead case management / support role
- Reconnection with community